

# JESSICA I. MORALES

Mind Strategist, Speaker, Educator

Medical Management & Staff



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## TOPICS:

- Proactive tools for stress management and self-regulation to launch and conclude your day from the upside
- Language that speaks to the heart of patients for meaningful engagement and building loyal relationships
- 1-to-1 Coaching: focused on personal and professional self improvement (when we feel better, we perform better)
- Transform employees into mindful contributors who are self-motivated, flexible, and solution-focused
- Cultivate positive leadership traits employees emulate
- Train staff in patient engagement, conversions, phone skills, developing referral & business development networks
- Debrief calls with team leads to maintain changes and mediate/resolve staff challenges.

## TESTIMONIALS:

"Jessica has helped my practice in numerous ways. She is intelligent, kind, personable, and experienced in the field. Her unique style, approach, and group meetings with my staff has led to significant improvements across the board in employee attitude, performance, and satisfaction. She is truly gifted in this field which requires a specific type of training and personality. I highly recommend her to any medical practice in need of her services."

- **Dr. Sunil Bhandarkar**

"One of my employees has improved so much that we are giving her a raise and assigning her more duties and tasks. She has really "blossomed," and I attribute a lot to Jessica's workshop. She went from very timid and shy to having a little more pep in her step! Jessica makes people blossom at their own time, their own pace, and of their own accord."

- **Dr. Jennifer Khem**

"Jessica is such a delight and a breath of fresh air! In less than an hour, my staff and I learned how to make small changes in behavior and vocabulary to create a more appealing patient service experience. The mind training techniques from her coaching can be used in a professional setting as well as personally and will impact them in a positive way."

- **Alexandria Hemming, Medical Office Manager**

"I attended Jessica's workshop on 'Taking Positive Psychology Approaches to Corporations' as I have been invited to speak at a corporate event. Jessica is the real deal. What a HUGE inspiration!"

- **Rose Buona, Natura Pain Clinic**

Jessica is 3 in 1: the coach for your mind, your people, and your practice.

*"I take care of people who take care of people. I want to ensure your mind is right, feeling your very best so that you lead well and by example. We build a solid internal foundation, then we look at people, operations, processes, and areas in need of optimization."*

Jessica's mental mastery approach results in:

Happier employees

Positive mindset

Personally invested productivity

Employees who want to grow

An environment that stimulates flow

Meaningful and present engagement

People who work from their strengths

A Positive Workplace Culture!

