

Invigorate *Your* Leaders



Jessica Morales Myers

- Improve burnout / stress / well-being
- Integrate a positive workplace climate
- Inspire healthy productivity & performance

"What Clients Say"

Jessica has significantly contributed to the expansion of my physician referral network and has been a true champion for my career growth as a physician. I have had the pleasure to closely collaborate with her on multiple projects including educational courses and expert articles. I have never met someone with as much drive and passion to complete and execute projects efficiently and to perfection. - **Dr. Sodhi Gaur**

Jessica is an asset to our practice's organizational development and on a personal level through recognizing self-imposed setbacks, limitations, and self-defeating behaviors. She helps create an environment that fosters growth for all persons who come in contact with doctors, staff, and our business. Her approach is phenomenal especially on a personal level for those willing to dive deeper. - **Dr. Shawn Joseph**

"Jessica's unique style, approach, and group meetings with my staff has led to significant improvements across the board in employee attitude, performance, and satisfaction. She is truly gifted in this field which requires a specific type of training and personality." - **Dr. Sunil Bhandarkar**

"One of my employees improved so much, we gave her a raise and assigned her more duties. I attribute a lot to Jessica's workshop. She went from very timid and shy to having a little more pep in her step! Jessica makes people blossom at their own time, their own pace, and of their own accord." - **Dr. Jennifer Khem**

H.E.R.O. Leadership

Positive Psychological Capital is related to multiple performance outcomes. Elevate well-being and performance, simultaneously while supporting optimal human functioning.

Hope: willpower and waypower (pathways)

Efficacy: confidence in skills to execute

Resilience: bounce-back from adversity

Optimism: positive attribution about success

H.E.R.O. Leadership Programs:

Keynote Speaking

H.E.R.O. Intensive Workshop

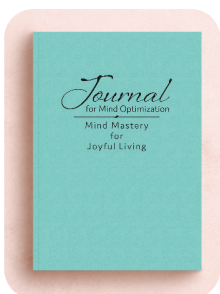
H.E.R.O. Transformational Institute

Group Consulting & Coaching

Leaders who embody H.E.R.O.

- Motivate by leader positivity
- Identify opportunities within roles to apply H.E.R.O. traits
- Provide psychological safety reinforcing team willingness to execute new ideas

Outcome: A positive culture driven by collective Team Psychological Capital, the most important capital that drives human capital.



The Corporate Mind Strategist: A Multi-Specialty Approach That Delivers Results

The Science of Organizational Psychology and Upgrading Mental Capital

Over two decades as an executive in sales and business development

Certified Hypnotherapist & Coach specializing in personal and career self-improvement

Certified Member of the International Medical & Dental Hypnotherapy Association

Member of the National Speaker's Association (NSA-LA) / Expert Contributing Writer

Author of The Journal for Mind Optimization: Mind Mastery for Joyful Living